MOVING OUT PROJECT

The first assignment will by writing down a few of the things you want to accomplish in your 20’s and 30’s; where you PLAN to be and what you HOPE to be doing. Then....the simulation begins!

• You are in your early twenties and it is time to move out of your parents’ home.

•You move out, rent an apartment, buy a car, food, clothes, etc.

• If you want, you may choose to live with a roommate.

•You work 40 hours per week and your wage is either $15 per hour gross income (before deductions), $20 per hour or $30/hour. Pick one that you think is realistic for you.

•You will be required to calculate your net income, buy a car, food, clothing, etc. and rent accommodation.

•The purpose of this project is to help you learn how to budget

and manage financial resources effectively.

Many of the calculations are specific to each

individual so read carefully!

•You will utilize the internet for all of your information required to complete this project. However, you may want to refer to grocery fliers to find prices for the food or use the internet.

If you use a different color of typing for your answers, it makes it easier for me to mark and I thank you in advance for that!

MY PERSONAL PROFILE – AGE TWENTY-SOMETHING

(Complete this page based on what you HOPE/PLAN to do with your life!)

1.My educational path will be:

2.I will move out of my parent’s home when I am \_\_\_\_\_\_\_\_

years old.

3.My occupation or job at that time will be: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4.I will be taking home $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_each month.

5.I will be married sometime in my twenties or thirties:

YES

NO

6.How many children will I have by the time I am 40?\_\_\_\_\_\_\_\_\_\_\_

7.I will be driving a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

8.I will buy a home sometime in my thirties:

YES

NO

9.My home or living accommodations will be described as:

a.

b.

c.

10. I will be living in/near what city or town? \_\_\_\_\_\_\_\_\_\_

11. Other things I will own are:

a.

b.

c.

12.My major accomplishments in my twenties will be :

a.

b.

c.

13.I will take a vacation once a year or once every two years:

YES

NO

14.Some of my vacations will be:

a.

b.

c.

PAYCHEQUE DEFINITIONS

Gross Income (pay/earnings)

The amount of income/earnings, for any pay period,

before deductions

Net income (pay/earnings)

The amount of income/earnings, for any pay period, after deductions (Take home pay)

CPP–Canada Pension Plan

2.3% of gross income deducted for insurance in case of unemployment

Income Tax

A deduction paid to the Federal and Provincial government for taxes

LTD

A deduction for Long Term Disability insurance

Union Dues

Fees paid for membership in a union

Bonds

An investment in which a business or government pays a set interest rate

Advance Earnings

Deducted money that was received in advance of the pay cheque

Overtime Earnings

Pay received for working over 8 hours a day or 44 hours a week, whichever is greater

Now calculate your net monthly income:

$15/$20/$25/$30 (select one) per hour X 8 hours per day X 21 days per month =

Gross Income $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Gross Income $\_\_\_\_\_\_\_\_\_ X 15% = Income Tax Deduction $\_\_\_\_\_\_\_\_\_\_

Gross Income $\_\_\_\_\_\_\_\_\_ X 4.95% = CPP– Canada Pensions Plan $\_\_\_\_\_\_\_\_\_\_

Gross Income $\_\_\_\_\_\_\_\_\_ X 1.88% = EI -Employment Insurance $\_\_\_\_\_\_\_\_\_\_

Gross Income $\_\_\_\_\_\_\_\_\_ X 1% = Union Dues $\_\_\_\_\_\_\_\_\_\_

Income Tax + CPP + EI + Union Dues = Paycheque Deductions

$ \_\_\_\_\_\_\_\_\_\_

Gross Income $ \_\_\_\_\_\_\_\_\_\_- Paycheque Deductions $ \_\_\_\_\_\_\_\_\_\_ = Net Income $ \_\_\_\_\_\_\_\_\_\_

MAKING THE DECISION TO HAVE A ROOMMATE........OR NOT?

Determine the advantages and disadvantages of living on your own or having a roommate. For the purpose of this project, you may NOT choose more than ONE roommate.

|  |  |  |
| --- | --- | --- |
|  | Advantages | Disadvantages |
| Live on My Own | 1.2.3.4. | 1.2.3.4. |
| Live with a Roommate | 1.2.3.4. | 1.2.3.4. |

My decision is to (circle one):

LIVE ON MY OWN or

HAVE A ROOMMATE

I believe this is the best choice because:

What characteristics would be essential in a roommate?

1.

2.

3.

4.

ACCOMODATION OPTIONS

(Go on the internet and research each of the following rental options to complete the following chart.)

|  |  |  |  |
| --- | --- | --- | --- |
| Type of RentalAccommodation | Advantages | Disadvantages | Cost of Rental per month |
| Townhouse or Duplex | 1.2.3. | 1.2.3. |  |
| Apartment | 1.2.3. | 1.2.3. |  |
| Single Detached House | 1.2.3. | 1.2.3. |  |

DECISIONS FOR CONSUMERS

For each of the following situation, decide which kind of housing would be best.

Give reasons for your decisions.

A retired couple with no children who do not want to cut grass or do other maintenance.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A middle aged couple with two small children who desire room for children and friends to visit. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A young couple with a small child.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A young, single person who travels frequently for work.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

RENTAL ACCOMMODATION

What type of home or apartment do you picture yourself in when you decide to move out? Be descriptive!

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

•For the purpose of this project you will consider rental properties only.

•Find a place to rent by looking on the internet. You will be looking for a suitable apartment, townhouse, basement suite or house.

YOU MUST PRINT THE AD AND PASTE IT IN THE SPACE BELOW!

 (Read the ad carefully to see if any utilities are included as well as what the damage deposit is because you will need that in

formation to answer questions on the following pages.

MONTHLY COST OF RENT: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tenant Insurance

(Each individual must have their own tenant insurance to cover their

own belongings.)

When you rent a home or apartment you must also have tenant insurance in case of fire, theft, flooding or natural disaster. Your landlord will have insurance on the building, but not on your personal possessions.

On the following chart, find the cost per year that is closest to the replacement value of what you hope to own when you are 27. Beside it is an example of the yearly insurance premium you might need to pay.

Replacement Coverage Annual Premiums

$10,000- $92 per year

$20,000-$159 per year

$30,000-$208 per year

$40,000-$268 per year

$50,000-$305 per year

$60,000-$367 per year

Locate the yearly premium you might have to

pay. Divide this by 12 to calculate

the monthly payment.

$\_\_\_\_\_\_\_\_\_\_ yearly premium divided by 12 = $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_monthly premium

MONTHLY COST OF TENANT INSURANCE: $\_\_\_\_\_\_\_\_\_\_

Cable TV

In Alberta cable TV costs $35 for a very basic package and $85 if you want all the extra channels. You would need to add another $15 if you wanted access to movies as well. (ie. Netflix)

MONTHLY COST OF CABLE TELEVISION: $\_\_\_\_\_\_\_\_\_

Internet Access

The basic starting rate for internet access is $30 per month.

MONTHLY COST OF INTERNET ACCESS: $\_\_\_\_\_\_\_\_

Telephone

To rent a landline in Alberta is $30 per month. This does not include the price of the phone.

Other services you may want include such things as voice mail, call waiting, caller ID, call answer, call forward, etc. You can purchase these individually for an additional $5 each or get a package deal (bundle) for approximately $15 extra.

Also, long distance charges are extra and can be any amount. If you plan on making a lot of long distance calls consider purchasing a plan for an extra $30 per month.

Cell phones cost approximately $35 per month if you are a student and closer to $80 a month if you aren’t.

For this assignment you are NOT a student therefore, your cell phone will cost you $80 per month.

Basic landline rent\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Extra services\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Long distance\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cell phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TOTAL MONTHLY PHONE COST:$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Utilities

Natural gas, water and sewage are usually included in the rent if you are in an apartment. However, if you are renting a townhouse, house or duplex you will need to pay for these separately.

READ YOUR RENTAL ADVERTISEMENTCAREFULLY TO SEE WHAT YOU NEED TO PAY FOR AND WHAT IS ALREADY INCLUDED.

Water and Sewer

For a small home, water and sewer cost approximately $60 per month. For a large home allow for $100.

MONTHLY

COST OF WATER/SEWER: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Natural Gas

It is hard to estimate utilities because they vary so much depending on different circumstances. Here are some very rough guidelines of how much they might cost in Alberta.

Average 1200 sq. ft. house -$94 per month

New energy efficient average home (1200 sq. ft.) -$67 per month

Large new home (1800 sq. ft.) -$90 per month

Larger older home with heated garage-$128 per month

(If you are renting an apartment they are most likely included –CHECK YOUR RENTAL AD!)

MONTHLY COST OF NATURAL GAS: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Electricity

An average two-bedroom apartment in Alberta with two people living in it will cost about $50 per month for electricity.

A small 1100 square foot home with the usual appliances will cost $75 per month for electricity.

A large executive-type home with many appliances, a hot tub, and air conditioning, will cost over $120 per month.

MONTHLY COST OF ELECTRICITY: $\_\_\_\_\_\_\_\_\_\_

ADDING IT ALL UP......

Complete the following chart based on all your calculations from the previous pages.

The monthly cost of renting the house/apartment

$ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Tenant insurance (each individual needs their own tenant insurance)

$ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Electricity $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cable TV $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Internet access $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone (you must each pay for your own cellphone) $ \_\_\_\_\_\_\_

Water and sewage $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Natural gas $ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TOTAL MONTHLY COST OF RENTING : $\_\_\_\_\_\_\_\_\_\_\_\_\_\_

STOP!!!

Answer the following questions:

Can you afford this house/apartment? (You should not spend more than 35% of your net income on rent and

utilities.)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Why did you choose this place to live? How does your choice reflect your values?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

MOVING IN EXPENSES

As well as the monthly expenses there

are one-time moving-in expenses to consider:

SECURITY/DAMAMGE DEPOSIT

(check your ad to see if the amount is identified for you otherwise consider it to be one month’s rent)

$\_\_\_\_\_\_\_\_\_\_\_

HOOK UP COSTS:

Phone/Cable/Internet (TELUS has a flat rate of $50 unless you commit to a 3 yr. contract in which case hook ups would be free.)

$50

Power(EPCORhas a $10 fee if the power is still on and they are just transferring the account/$45 if the power is off and they have 3 days’ notice. $110 if less than 3 days’ notice!!!) $45

Water(EPCORhas a $25 hook up fee.)

$25Natural Gas(Direct Energy has a $10 fee plus a $90 fee they apply for the distributor.)$100

Purchase of home telephones ($50 -$200)$Purchase of cell phone if required ($0-$300 depending on contract) $\_\_\_\_\_\_\_\_

New furniture/appliances($500 -$5000)$\_\_\_\_\_\_

Moving costs ($50 -$300) $ \_\_\_\_\_

TOTALCOST OF MOVING IN $\_\_\_\_\_\_\_\_\_\_

TRANSPORTATION

Find an advertisement for a vehicle that you would like to be driving when you move out. You must spend at least $3,000!

Print and place the ad below.

If the price of the vehicle is not stated in the ad, write the price beside it.

How does this vehicle reflect your values?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Assume that you have saved enough to make a 10%down payment and have to borrow the rest of the money.

Total Price of Vehicle

$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Subtract Down Payment (10% of total)

$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Total Loan Amount required

$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Use the following table to find the monthly payments for your

vehicle loan. If the amount of your loan is in between the table amounts you will have to estimate the monthly payment. If you finance the vehicle for 48 months the monthly payment will be approximately as follows:

Loan Amount

Monthly Payment @ 7%

 $2,700 - $65 payment

$3,000 - $72

$4,000 - $96

$5,000 - $120

$7,000 - $168

$8,000 - $192

$10,000 - $240

$12,000 - $287

$15,000 - $359

$18,000 - $431

$20,000 - $479

$25,000 - $599

TOTAL MONTHLY COST OF VEHICLE LOAN: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TRANSPORTATION OPERATING COSTS

What about operating costs for your vehicle? You will need to calculate how many kilometers you might drive in a week when you move out. Included are driving to work, shopping, recreation, visiting, etc. For the purpose of this assignment, allow an average 250 km per week.

Multiplied by 4 and you will be driving 1000 km per month.

The approximate cost of operating an average car is $.60 per kilo

metre. This covers fuel, maintenance, tires, insurance, license and registration and depreciation. However, if you have chosen to drive a truck, sport utility vehicle or a sports car you can anticipate this price going up. You would estimate a cost of $0.80 per kilometre. Circle the appropriate amount below and calculate your monthly operating cost for the vehicle you have chosen.

\_\_\_\_\_\_\_\_\_1000 kilometres\_x $0.60 or $0.80

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Kilometres driven per month = Monthly Operating Cost

Now calculate the total monthly cost for your vehicle:

Monthly Loan Payments plus $\_\_\_\_\_\_ Monthly Operating Cost $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

TOTAL TRANSPORTATION EXPENSES

$\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Compare this to the cost of public transportation....a city bus/LRT pass for an adult in Calgary is $95 per month

.

TRANSPORTATION DECISIONS

According to your income, determine the method of transportation you will be using. Would you use your own car? Public transportation?

Try to commute with your roommate or a co-worker?

What decision would you choose and why?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SHOPPING FOR FOOD AND HOUSEHOLD SUPPLIES

The following is a shopping list of food to prepare three meals a day for one week. Research the price of these food items either by going on line to different grocery store websites or using the grocery fliers or the internet. Be sure to choose the smallest quantities possible to buy.

You only require enough for one week!

You MUST purchase each of the listed items OR replace unwanted items with something from the same food group.

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Size | Brand | Price |
| Spaghetti |  |  |  |
| Spaghetti Sauce |  |  |  |
| Milk |  |  |  |
| Eggs |  |  |  |
| Potatoes |  |  |  |
| Bread |  |  |  |
| Butter/Margarine |  |  |  |
| Orange Juice |  |  |  |
| Chicken |  |  |  |
| Lean Hamburger |  |  |  |
| Pork Chops |  |  |  |
| Sandwich Meat |  |  |  |
| Apples |  |  |  |
| Oranges |  |  |  |
| Bananas |  |  |  |
| Lettuce |  |  |  |
| Instant Dinners |  |  |  |
| Frozen Veggies |  |  |  |
| Ice Cream |  |  |  |
| Tuna |  |  |  |
| Cheese |  |  |  |
| Coffee/Tea |  |  |  |
| Toilet Paper |  |  |  |
| Kleenex |  |  |  |
| Paper Towel |  |  |  |

Total food expenses for one week $\_\_\_\_\_\_\_\_\_\_\_\_

TOTAL FOOD EXPENSES FOR ONE MONTH (Weekly multiplied by 4) $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

CLOTHING PURCHASES

When calculating the cost of clothing for yourself, consider the type of work you plan to be doing and how important clothing is to you. Consider how many of each item of clothing you will purchase in a year and multiply this by the cost per item.

BE REALISTIC!

|  |  |  |  |
| --- | --- | --- | --- |
| Item | Quantity Required | Average Cost | Total Cost |
| Shirts |  |  |  |
| Jeans |  |  |  |
| Cotton/Dress pants |  |  |  |
| Skirts (if applicable) |  |  |  |
| Dresses (if applicable) |  |  |  |
| Outdoor coats |  |  |  |
| Bathing suits |  |  |  |
| Shorts |  |  |  |
| Lighter tops |  |  |  |
| Suits |  |  |  |
| Business dresses (if applicable) |  |  |  |
| Pajamas |  |  |  |
| Underwear |  |  |  |
| Socks |  |  |  |
| Ties |  |  |  |
| Runners |  |  |  |
| Shoes |  |  |  |
| Boots |  |  |  |

Divided by 12 for Monthly Total Cost of Clothing = $

HOUSEHOLD MAINTENANCE AND FURNISHINGS

Be sure to allow some money for routine maintenance and repairs,

approximately $150 per month for an average household.

TOTAL MONTHLY COST OF HOUSEHOLD MAINTENANCE: $\_\_\_\_\_\_\_\_\_\_\_\_\_ CHARITIES AND

GIFTS

How much would you donate per month to your church, synagogue, mosque and charities? What about gifts to your family and friends?

How much do you spend on birthday gifts and Christmas gifts? Think honestly about it, add it all up and divide it by 12 to determine a monthly amount you would need to set aside in order to afford to continue to do this. And, yes, you will buy gifts, or make them, for the special people in your life so zero dollars is not an option here…..

TOTAL MONTHLY COST OF DONATIONS AND GIFTS: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

OTHER INSURANCE

Tenant and vehicle insurance are included with previous calculations but Life, Health and Disability Insurance must be considered as well $20 - $40 per month).

TOTAL MONTHLY COST OF OTHER INSURANCE: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

HEALTH CARE AND HYGIENE

Most people living and working in Alberta get universal access to hospital and medical services under the Alberta Health Care Insurance Plan (AHCIP).

Currently, (as of Sept 2018) your Alberta Health Care is paid for

by the government. Depending on where you work, your employer may pay or offer benefit packages such as Blue Cross and flex

accounts that allow for a certain amount of money to be put into an account for you to access for dental or medical expenses. However, if you do not have a good benefits package from your employer, you will have to pay for all your medical expenses yourself.

Be sure to allow money in your budget for prescription and over the counter medications. If you are on a monthly prescription, don’t forget to add this amount. Also allow a budget for the dentist and optometrist. One visit to the dentist including a check-up x-rays and

teeth cleaning is approximately $400.

You should see your dentist yearly! One visit to the optometrist is

approximately $120. You should see your optometrist once every 2 years normally or once a year if you’re wearing contact lenses.

Divide the annual total by 12 to determine the month totals.

|  |  |
| --- | --- |
| Annual Total | Monthly Total |
| Dental |  |
| Medications including over the counter such as Advil |  |
| Toiletries |  |
| Make up |  |
| Hair Products |  |
| Skin Care |  |
| Optical including glasses and sunglasses |  |
| Dry Cleaning |  |

TOTAL MONTHLY COST OF HEALTH CARE AND HYGIENE: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_

RECREATION AND ENTERTAINMENT

Recreation is a highly personal item, which reflects personal values. It is important to budget for all non-work activities. In this section, plan for such things as concerts, athletics or social club memberships, skiing, travelling, hobbies, buying a boat or other recreational equipment, music lessons, movies, videos, parties, etc.

For this section, try thinking about what you spend on an average month for some of the areas listed and then multiply it by 12 to see how much it adds up to in a year! (You may find that you get a more accurate and honest result doing it this way.)

|  |  |  |
| --- | --- | --- |
| Item | Monthly Total | Annual Total |
| Movies and videos |  |  |
| Concerts |  |  |
| Restaurants |  |  |
| Coffee/Tea |  |  |
| Monthly memberships |  |  |
| Magazine or paper subscriptions |  |  |
| Travel |  |  |
| Hobbies |  |  |
| Pets and pet food |  |  |
| Sports |  |  |
| Music  |  |  |
| Music Lessons |  |  |

TOTAL MONTHLY COST OF RECREATION: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

As you can see, it costs a lot of money to have all the ‘extras’ in life! How does this section reflect your personal values?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

SAVINGS

When you do move out, what do you think you will be saving money for? List three or four specific items and their approximate value:

1.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Remember you should always save money for emergencies such as a car accident, death of a family member, loss of a job, unexpected medical bills, a different lifestyle, etc. Taking these things into consideration as well as the items you listed above that you would like to save up for, how much money would you need to save per

year?

Divide the total amount by 12 to determine how much you

Would need to set aside on a monthly basis.

(NOTE: It is recommended that a person sets aside at least 10% of their income each month and puts it into a

separate savings account.)

TOTAL MONTHLY SAVINGS: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

MISCELLANEOUS

What else do you spend your money on each month?

Smoking/Alcohol $\_\_\_\_\_\_\_\_

Education $\_\_\_\_\_\_\_

Books/Magazines $\_\_\_\_\_\_\_

Household Cleaning Supplies $\_\_\_\_\_\_\_

Tools/Repairs, etc. $ \_\_\_\_\_\_\_\_\_

Other \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_$ \_\_\_\_\_\_\_

TOTAL MONTHLY COST MISCELLANEOUS: $\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Now it is time to add everything up and see where the total brings you. Even with a thorough analysis such as you have done, there are always expenses that come up and that we forget about which cause budgets to go out. Remember to try to put aside some savings first. This is advice from experts. If you take off the savings from the top and work with what you have left, you will eventually start to get ahead in terms of money, hopefully!!!

GRAND TOTAL MONTHLY

|  |  |
| --- | --- |
| Expense | Total |
| Housing Rental |  |
| Damage Deposit (one time) |  |
| Insurance |  |
| Cable |  |
| Internet |  |
| Phone |  |
| Utility Bills |  |
| Moving expenses (one time) |  |
| Utility Hook Up (one time) |  |
| Vehicle  |  |
| Transportation costs |  |
| Food |  |
| Clothing |  |
| Household Maintenance |  |
| Donations and Gifts |  |
| Other Insurance |  |
| Health Care & Hygiene |  |
| Recreation and Entertainment |  |
| Savings |  |
| Miscellaneous |  |
| GRAND TOTAL EXPENSESPER MONTH |  |
| Net Income |  |
| Balance  |  |

If the difference is positive, you can afford your lifestyle. If the difference is negative you will need to cut back on your expenses.

If the difference is negative, where you will cut back on your expenses? List three ways: 1)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_2)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_3)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If the difference is positive, what will you do with the excess money? List three ways:

1)

2)

3)

Tell me two things learned from this project? (nothing is not an answer!)

1.

You are finished!!!