

Unit 1

Name: _____

Date: _____

Reader's Notebook

End of Unit

1. Why is it important to show respect?

- Everyone is worthy of respect, no matter their gender, race, age, etc.
- Others will show you respect in return
- It is the right thing to do because we are all human beings

2. Complete this chart with **at least three** ways you show respect in each category.

How do you show respect?		
For yourself?	For others?	For the environment?
<ul style="list-style-type: none"> • Eating properly • Good grooming • Exercise • Getting enough sleep • Taking part in activities with others • Having hobbies 	<ul style="list-style-type: none"> • Helping out when needed • Saying "Please" and "Thank you." • Doing your share of the work in a group activity • Treating others as you would like to be treated 	<ul style="list-style-type: none"> • Not littering • Recycling • Keeping your house and yard neat and in good repair • Helping to clean up garbage/litter in your school, town, along highways, etc.

3. In what ways have people worked to gain respect?

- Women had to work and campaign to be able to vote.
- African Americans and Canadians had to work to be considered equal citizens and not be segregated.
- Japanese Canadians had to endure internment camps during the Second World War.
- Chinese Canadians were brought over to work on building the railroad but then were not allowed to bring their families over.
- Groups working in several countries to help to eliminate child labour and poverty.

4. What does it mean to show respect?

- To be mindful and remember that every person is unique in some way and deserving of the same rights and freedoms, regardless of age, race, gender, culture, religion, level of ability, etc.
- To show others the same courtesies that you would like to be shown.
- To learn about and understand the stories and struggles that other groups of people have undergone to gain respect.