

Unit 3

Name: _____

Date: _____

Reader’s Notebook

Read With a Purpose

During Reading

1. Name two science topics that you have read or heard about.

2. Where did you find this information?

Information on Healthy Bodies	
Sources of Information	Topic
magazine article “Yoga for Beginners”	how to do yoga safely
radio talk show “Improve Your Health”	changing your diet

After Reading

1. Why do you read about body systems?

2. How does thinking about why you read explanations about body systems help you to set a purpose?