

## Unit 3 Video Research Project – Mental Disorders

**Find TWO documentary videos (3 or more minutes long) on ONE of the topics listed below. (Note, the videos you select, MUST be published by a valid accredited professional such as a doctor, psychologist, educational institution or educational instructor).**

Topic Choices: Choose one of the following.

1. Panic disorder
2. Organic anxiety disorder
3. Obsessive compulsive disorder
4. Generalized anxiety disorder
5. Phobias
6. Eating disorders (anorexia and bulimia)
7. Impulse control disorders (kleptomania, pyromania, trichotillomania).
8. Munchausen syndrome
9. Factitious disorder
10. Mood disorders (bipolar, depression)
11. Psychotic disorders
12. Delusional disorders
13. Schizophrenia
14. Sleep disorders
15. Gender dysphoria
16. Cognitive disorders (dementia and amnesia)
17. Intellectual disabilities
18. Personality disorders

**For each video, write a summary report (3 to 4 paragraphs) of what you learned about your chosen topic.**

The videos must include some, but not necessarily all, of the following criteria.

- Definition and/or description of the disorder
- People who are most commonly affected.
- Effects on the body and brain
- Characteristics and behaviours typical of this disorder
- Causes
- How it can affect your ability to lead a normal life
- People who are most commonly affected.

- Different forms of treatment
- Issues presented in the video
- Important revelations (specific discoveries that have been made)
- Interesting facts

**Conclude your discussion by responding to the following question:**

How do we know that these secondary sources are valid and reliable? Refer to this [link](#) for more help with this. Check who published the video that you are using to ensure that it published by a valid accredited professional eg. (doctor, psychologist, educational institution, education instructor.)

### **Evaluation**

- Two documentary video links (3+ minutes) - 30
- 2 informative video summaries that cover the recommended criteria - 60  
(Ensure proper mechanics such as spelling, punctuation, etc.)
- Concluding paragraph (explaining reliability of sources) – 10

Total = 100 marks

Exceptional – 95-100%

Admirable – 75-94%

Acceptable – 55-74%

Needs Improvement – Under 55%