

# ACTION ASSIGNMENT ONE EXEMPLAR!

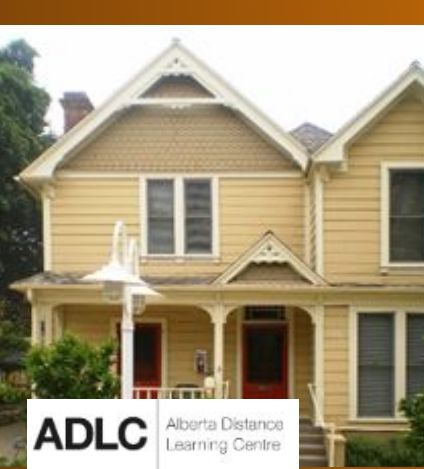
The following exemplar is yours to use as a **GUIDE** for your own presentation. **WRITE** examples about what is important to you **AND** add **PICTURES** to your presentation. Make sure you include **WHY** . Make sure you **EDIT** your work looking for spelling, capitalization, and grammatical errors.

# Who am I

**CALM Action Assignment 1**  
**NAME**

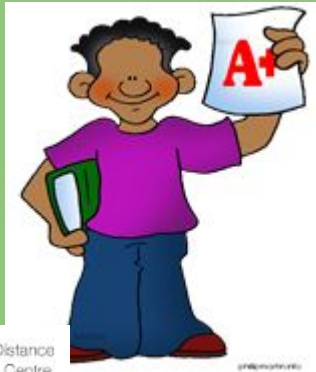
# What is Important to you?

My house is important to me because it is where I sleep and where my family is. As well, the outdoors is important to me because it fills my soul with happiness. Food is important to me because I need it to survive and I enjoy cooking.



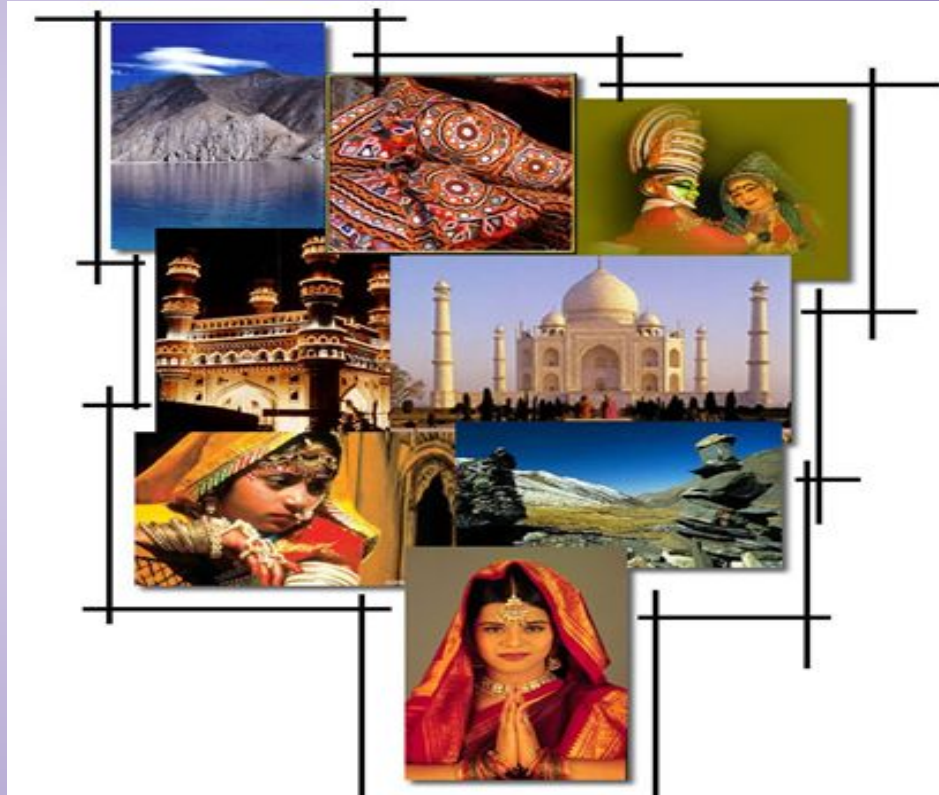
# Which Roles Do You Play and What Roles Fulfill you?

I am a student in the tenth grade. I am also a employee at Burgers. It is fulfilling because I can build skills and relationships while earning money. My most important role is being a family member, as I am a brother to my younger sister . My role as a brother is most fulfilling because it is important that I show my sister what it is to be a good person.



# What Qualities Make You Unique?

I am an artist, singer and I have a rich culture. I sing in a choir and my artwork has been showcased in galleries in my hometown. My family and I are very connected to our culture. I dance with my community hall dance group.



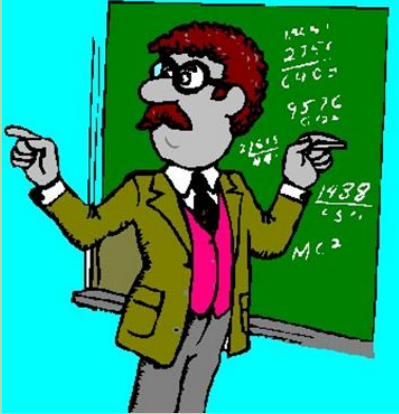
# Who Is Important To You?



My family are the most important people to me, especially my little sister. I also value my friends at school and dance.



# Who Supports You?



People who support me include my grandmother, my friends and my teachers. I know I can always go to my grandma when I need someone to talk about the important stuff. I can talk to my friends for the regular stuff like movies or sports. My teachers help me in school, which is a big part of my life.

# What Qualities Do You Value In Others? What are you Passionate About?

I expect others to be kind and considerate. I also expect them to play fair and think about how others feel before they make their decisions. I am passionate about watching and playing hockey. The qualities in my teammates make me feel good about the game even when I do not play my best.



# What Does Success Mean To You?

When I think of success, I think of how I feel when I accomplish a task. An example of this is when I finish work and receive my paycheque. This makes me feel successful because I did my job, contributed to a team, and I am being paid for my good work.



## How Have You Used Your Voice In the Past?

I have used my voice by preventing bullying in my classroom. I stood up for the person being bullied or asked a teacher for help .



## How Will You Use Your Voice In Future ?

I will use my voice in the future in many ways as I want to be a doctor. I plan on using my voice to help spread awareness, and develop cures for diseases such as cancers.



# Why Are You Here? What Is Your Purpose?

I am still finding my life's purpose, but right now it is about being a caring member of my family and community, and succeeding in my education.

