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| **CALM**  ***Unit 5- Notes Document***  Taking notes and reflecting on what you are reading and viewing is a main component of this course. The Notes Document, which can be downloaded at the beginning of each unit’s *Notes (Watch & Reflect)* section, will guide you through the note-taking process. To keep your notes organized:   * Create a Notebook folder in a place of your choice (cloud, desktop, USB, other). * Save the unit Notes document in your Notebook folder at the beginning of each unit. * Keep the Notes document open while you work through each unit and save after each entry.   Note that each page of the Notes document is titled. These titles reference the lesson titles in your course content. |

Unit 5, Watch & Reflect

NOTES

How do you relate to Sean and his motivation for his journey? Explain.

What are your passions?

How much time and energy would you invest to realize your passion?

Unit 5, What to do After High School

NOTES

*Take a look around the website, and view at least two videos of different careers.*

*What careers did you find that excited you?*

Unit 5, Living Your Dreams

NOTES

*List five careers or aspirations that excite you or that you have considered pursuing.*

*Once you have your five careers or aspirations listed, identify two reasons you are drawn to each of them.*

Unit 5, Dream Job

NOTES

Do any of the careers you listed in the last two notes sections have the potential to make you feel such happiness and achievement?

Unit 5, Work Value & Conditions Inventory

NOTES

Paste your quiz results here.For each of your results identify **one** career that interests you.

Unit 5, Nigel Marsh

NOTES

How will you ensure balance in your life?

Unit 5, In Canada

NOTES

List the careers in this article that may interest you.

Unit 5, In Alberta

NOTES

*List two careers from this list that may potentially interest you.*

*Take a few minutes to explore them further.*

Unit 5, What Interests You

NOTES

Consider all the jobs you listed in this Deep Dive.What do they have in common?

Unit 5, What it Takes to Succeed

NOTES

*According to Sir Richard, what three qualities are important in leadership for managing people?*

*What did you learn from his experience about how to respond to potential failure and making mistakes?*

Unit 5, Be Passionate About Your Career

NOTES

Discuss how the world would be impacted if Steve Jobs didn’t pursue his passion in technology and build Apple and Pixar.

Unit 5, Becoming an Entrepreneur

NOTES

What are two ideas you took away from Jim’s interview?

Unit 5, University Online

NOTES

*What are three advantages to completing university online that Barry lists?*

*What skills did you acquire in this online CALM course that could prepare you for completing online training in the future?*

Unit 5, Joel’s Suggestions

NOTES

What are some of Joel’s suggestions to help you make friends while pursuing post-secondary education?

Unit 5, Supports

NOTES

What supports are discussed that may help you while attending school?

Unit 5, Fund Your Education

NOTES

*What are three ways that Dave helped to fund his education?*

*What ideas do you have about how you might fund the training you need after high school?*

Unit 5, Financial Advantages of Apprenticeship Programs

NOTES

What are some financial advantages of apprenticeship programs?

Unit 5, Scholarships and Bursaries

NOTES

*Make a note of any scholarships or bursaries you may be eligible for in high school, as well as any you may pursue if you enter post-secondary.(Note that there is a section on RAP and CTS scholarships too!)*