Suggestions to make a digital reproduction of your coloured frames.

Photocopy your chosen pages & colour each frame according to the given instructions. Cut each frame out.

Take a photograph of each colored frame with your smartphone or tablet.

Email the photographs to yourself.

Download and size appropriately to fit on your assignment page and copy and paste your frame image into place within the assignment.

Alternatively:

You may want to use the PC Snipping Tool or a similar tool for Macs.

This tool should allow you to "snip" the frame and then copy and paste it into the worksheet.