Name:	Name:	
-------	-------	--



Non-verbal communication comes very naturally to us, but we don't always think about how much it influences our messages. Whether we notice it or not, we all use non-verbal communication to help communicate with our receivers. Which of these forms of non-verbal communication have you used in the past week? Check all that apply.

□ shook hands	□ clapped your hands
□ yawned	□ smiled at someone
□ indicated a "time-out"	□ winked
□ waved to a friend	□ nodded your head
□ turned your back on someone	☐ frowned
☐ raised your hand to get someone's attention	□ gave a thumbs-up gesture
□ made a face	□ raised your eyebrows
☐ snapped your fingers to get	□ patted someone on the back
someone's attention	□ gave someone a "high five"
□ hugged	□ rolled your eyes

Now complete these sentences.

A person I communicate well with without talking a lot is because
When I am, I like to express myself non-verbally by
In Lesson 2, I enjoyed learning about