

Dance: Universal Language

Many people consider dance a combination of ‘art’ and ‘athletics’. To watch skilled dancers is to take the viewer on a journey. Simply put, dance is a universal form of visual communication. Choreographers use the dancers to tell a story. Whether this is a complete two hour Broadway play or a one minute contemporary dance, stories are being told through the dancer’s movements.

For this project, you will have the choice between choreographing/performing your own dance which tells a story (Option A) or analyzing a choreographed dance (Option B) and retelling the story.

Please fill in the statement below.

Student Name: _____ **will complete Option** _____.

Option A: Self- Choreographed Dance/Performance

Self-choreograph a minimum 60 second dance which tells a story. You may perform the dance yourself or have another person perform the dance.

Steps One and Two are worth 20% of your mark for this project.

Step One: Dance Information

Link to the video :

Name of Dancer(s):

Music (title and singer):

Step Two: Aspects of Choreography

Highlight between 7- 10 sequences/steps/moves, the dancers use and the intended symbolism/meaning of the sequence. Use the table below. Ensure that your notes are in sequence with the dance (make sure the timestamps are in the correct order).

Timestamp from video	Dancer movement description and/or	Intended meaning

List and explain other elements used to enhance the storytelling (music, costuming, lighting):

Step Three: Written Report

In your written report, you will include:

- Your intended story written out in paragraph form.
- Aspects of the choreography and what they mean (use the chart from Step 2 to assist this section)
- A personal reflection. Answer questions like: Why did you select this dance? How do you relate to the dance? Did the dance turn out the way you wanted it to?

Download the *Physical Education Written Response Rubric* from the assignment page to compare your final written response with.

You may enter your written response in the area below or attach a separate document.

Option B: Research and Interpret a *So You Think You Can Dance* Performance

In this option, you will write a response in regards to the Choreography to a dance from the television series *So You Think You Can Dance*. In the written response you will analyze the dance and interpret the movements to determine what the storyline/message of the dance is. There are three steps to this options.

**Some video links of the dances may include an introduction where the choreographer describes what their intent of the dance is. You may use these dances as it gives you a little bit of a head start.*

Steps One and Two are worth 20% of your mark for this project.

Step One: Dance Information

Link to the video :

Name of Dancer(s) :

Name of Choreographer:

Music (title and singer):

Step Two: Collecting Supporting Evidence

Prior to writing the response, you will identify between 7- 10 sequences/steps/moves, the dancers use and possible meanings of what those represent. Use the table below. Ensure that your notes are in sequence with the dance (make sure the timestamps are in the correct order).

Timestamp from video	Dancer movement description and/or	Possible meanings

List other elements used to enhance the storytelling:

Step Three: Written Response

In your written response, you will include:

- Your interpretation of 'the story/message' of the dance. This could differ from what the choreographer intended.
- Support your interpretation. Supports can include items listed in Step Two but can also include details such as, but not limited to: music, lyrics of music, lighting, costumes and props.
- A personal response. Answer questions like: Why did you select this dance? How do you relate to the dance?

Download the *Physical Education Written Response Rubric* from the assignment page to compare your final written response with.

You may enter your written response in the area below or attach a separate document.
