

Name: _____

Date: _____

Light & Shadows

How is Looking at the Sun or Bright Light Dangerous?



Observe: Sun and Safety

Question

How can we protect our eyes from the Sun?

Resources

Access the website links from the online course.

- Video: Viewing the Sun Safely (website)
- Video: How Can Sunlight Damage My Eyes?
- *Eyes-Sun Notes Chart*
- Video: How to Protect My Eyes From UV Rays (website)
- Video: Protect Your Eyes from the Sun (website)

Instructions

- 1 Go to these websites to learn how the Sun can be dangerous to your eyes.
 - Video: **Viewing the Sun Safely**
 - Video: **How Can Sunlight Damage My Eyes?**
 - Video: **How to Protect My Eyes From UV Rays**
 - Video: **Protect Your Eyes from the Sun**
- 2 As you go through the websites, answer the questions in the **Eyes-Sun Notes Chart**.
- 3 Check your answers using the **Check Your Answers** on the following webpage in the course content.

Eyes-Sun Notes Chart

What are some ways the Sun can harm your eyes?

1.

2.

3.

How can you Protect your eyes from the Sun?

1.

2.

3.