

Do I understand this math topic?

Read through the topic. Did it make sense?

Yes

No

Great! Move on to some practice.

Try reading again. Make sure to go slowly and understand each statement before you move on. Reading math is a lot slower than most other types of reading and often requires you to read a section several times.

Look for a video on the same topic online. Like reading, watching a math video can be slow. Make sure to pause or go back if you don't completely understand.

Contact your teacher.

Try reading about the same topic somewhere else.

Try a few practice problems using support (a textbook, a tutor, the internet, etc.)
Were you able to answer questions correctly and confidently?

Yes

No

Awesome! Try some practice without support.

Try reviewing the material again. Use the steps from the previous stage.

Try some related problems without any support. Can you answer **new** questions using only your calculator and formula sheet?

Yes

No

It sounds like you understand this topic!

Go back to the previous step(s). You need to be able to answer new questions confidently and completely, without support, to be prepared for exams.