

Name:		
Date:		

## **Vocabulary Building**

As you go through the unit and read the selections you will see the words below.

When you come across the words in your reading, fill in the chart with your definition of the word and the dictionary meaning of the word.

Word	Page #	My Meaning	Dictionary Definition
organ systems	121		a complete and independent part of a plant or animal that has a specific function
digestive system	121		the system of organs responsible for or aiding in the digestion of food
nutrition	121		the process of absorbing nutrients from food and processing them in the body in order to keep healthy or to grow
exercise	121		physical activity and movement, especially when intended to keep a person or fit and healthy

Word	Page #	My Meaning	<b>Dictionary Definition</b>
respiratory system	131		the system of organs in the body responsible for taking in oxygen and getting rid of carbon dioxide
circulatory system	129		the system consisting of the heart, blood vessels, and lymph vessels that pumps blood and around the body
bacteria	125		
secrete	123		to generate and separate (a substance) from cells or bodily fluids
toxins	124		a substance that accumulates in the body and causes it harm
infection	124		a disease that can be passed on to another person

Word	Page #	My Meaning	Dictionary Definition
microbe	125		a microscopic organism, especially one that transmits a disease
virus	125		
atrium	128		one of the upper chambers of the heart that takes blood from the veins and pumps it into a ventricle
ventricle	128		
alveoli	130		tiny thin-walled air sacs found in each lung, through which oxygen enters and carbon dioxide leaves the blood
melanin	132		

Word	Page #	My Meaning	Dictionary Definition
epidermis	133		the thin outermost layer of the skin, that covers and protects the underlying dermis
dermis	133		
immunity	134		
marrow	137		jelly like substance found in the middle of your bones and make new blood cells
cartilage	137		flexible substance that covers the end of movable joints, lets bones glide over one another smoothly
biometrics	142		

Word	Page #	My Meaning	Dictionary Definition
ligaments	140		tough, stretchy straps that holds certain bones together
gait	145		
hayfever	147		an allergic reaction to pollen that irritates the respiratory system and the eyes, resulting in symptoms including a runny and itchy nose, itchy and watering eyes, and sneezing
gene	149		
diabetes	149		
bulletin	173		an official announcement or short broadcast containing a single item of news