

## Hailey's 4.5 Visual Response (Rough Draft)

Use the space below to begin writing what will be the rough draft of your Visual Response by the time you are finished the assignment.

Everything in our lives is becoming way easy to do. Our food is instant, our entertainment is instant, our banking is instant, and many more things have gotten easier then they used to be. **Because of this**, it is also easier to not move around as much. "Exercise Your Options" is an advertisement saying we can change this. This ad is white with the title in black writing. The writing has four coloured squares under it. In 3 squares, a white-filled outline of a man is ~~moving~~ **shown in motion next to or around** with a piece of technology **somehow** (also a white-filled outline). In the fourth square, ~~a sentence say~~ **a sentence says**, "healthy mind lives in a healthy body". ~~I think~~ **The** main idea of the ad is that a balance between mental and physical exercise in is important to have a good quality of life.

**Similarly**, a balanced lifestyle is important to reach our full **potential**. ~~+~~ In the ad, the words "your options" ~~reminds me of~~ **suggests** planning for the future, like thinking about future goals or future desires. I have a school counsellor that always says, "keep your options open," ~~and~~ **This** idea is the same in the ad, but it's talking about keeping in physical shape (not school). **Thus**, keeping "your options" open might mean making sure that you can always physically do ~~anything~~ **what** you want (and that there are always lots of things to do to keep physically fit). The idea of "physical options" is made in the ad by different ~~kinds of~~ things the man is doing in each square. In one he is jumping over a computer (like hurdles), and in the other two, he is running, or doing the actions for shot-put. ~~I think the reason~~ the figure is white, ~~is so that it can represent anybody of any colour.~~ The ad ~~seems to~~ **may** be directed to boys or men though, because the figure is male.

(A) Another idea in the ad ~~is talking~~ **brings up about** is how (C) balance is important. (B) The computer, TV and laptop might be showing ~~the~~ mental activity ~~we do now~~, and the man's physical actions are representing ~~our~~ physical activity. In all three pictures, the man is throwing away, jumping over or side-stepping (G) a piece of technology. (D) These are all balancing sports, which might mean we need to be careful about how much time we spend using technology, **and** that we need to spend the same amount of time being active. The colours in the three action squares are all warm colours **like red, orange and yellow** that makes the pictures seem more dynamic. The blue square is calming and the statement "healthy mind lives in healthy body" is simple, which maybe means solutions for balance ~~are not challenging, and can be simple.~~ (E) (F)

To reach our full potential as people, balance in our activities is important. We need to make healthy choices about it, and ~~it is~~ **this is** the main message of the "Exercise Your Options" advertisement. It is maybe just a poster trying to remind us that to have a good life, we must make good decisions about our physical and mental activity. The idea of balance in life has to do with lots of other things too, like work, play, family and much more. These are all things that affect ~~are~~ **our** wellbeing.

Hailey, you made some observant edits to your work that show you have a good grasp of this process! You changed some awkward structures to make them more clear and easy to understand, and you eliminated unnecessary words. As well, you added more detail where you were not originally as explanatory. These changes make your work much easier to understand!

## Hailey's 4.5 Visual Response Language Growth Activity

To understand how to edit written work, complete the following questions with assistance from assigned readings on [page 40](#) in this workbook.

### *A note from Hailey:*

*I know this looks fancy, but I really just found it in my hand book and looked it up to see what it meant. It works really well and is easy to remember. I might use it again sometime. . .*

*This is a good start to an effective transition, but try to find words other than "this" and "it" to keep details specific.*

*This is a great transition to use Hailey!*

- Review ideas about transitional words or phrases on [page 109](#) in English Language Arts Handbook. **Re-write three** sentences in your visual response to include a transitional word or phrase. If you prefer, use these revised sentences in your response!
  - Because of this, It is also easier to not move around as much.*
  - Similarly, a balanced lifestyle is important to reach our full potential.*
  - Thus, keeping "your options" open might mean making sure that you can always physically do anything you want (and that there are always lots of things to do to keep physically fit).*
- Below is a checklist for composing effective paragraphs in a presentation. Write the letter of an action you applied to a sentence, word, or phrase in **one** paragraph in your response. If you find this task challenging, you may want to revise your paragraph.

*I've done the following in the paragraphs in my response:*

- I've chosen a subject or topic.*
- I've made a statement about the topic that controls my paragraph (the topic sentence)*
- The topic sentence contains the key words.*
- Each sentence in my paragraph is related to, or supports, a key word.*
- All sentences in my paragraph are related to each other.*
- I've finished my paragraph by concluding with the most important statement supporting the key words in the topic sentence (not by repeating them).*
- I've chosen precise and specific words throughout my paragraph.*

*A note from Hailey: Look at my rough draft on the previous page for the blue lettering and words to see the edits I made!*

## Hailey's 4.5 Visual Response (Polished Copy)

Use the space below to write the polished copy of your Visual Response after you have completed revisions to your rough draft.

*Be more specific here to keep your reader interested.*

*This is a nice short description of your ad to help your reader conceptualize what you are talking about. Good work.*

Everything in our lives is becoming way easy to do. Our food is instant, our entertainment is instant, our banking is instant, and many more things have gotten easier than they used to be. Because of this, it is also easier to not move around as much. <sup>Exercise</sup> "Exercise Your Options" is an advertisement saying we can change this. This ad is white with the title in black writing. The writing has four coloured squares under it. In 3 squares, a white-filled outline of a man is shown in motion with a piece of technology somehow (also a white-filled outline). In the fourth square, a sentence says, "healthy mind lives in a healthy body". The main idea of the ad is that a balance between mental and physical exercise is important to have a good quality of life.

Similarly, a balanced lifestyle is important to reach our full potential. In the ad, the words "your options" suggests planning for the future, like thinking about future goals or future desires. I have a school counselor that always says, "keep your options open." This idea is the same in the ad, but it's talking about keeping in physical shape (not school).

Thus, keeping "your options" open might mean making sure you can always physically do what you want (and that there are always lots of things to do to keep physically fit). The idea of "physical options" is made in the ad by different things the man is doing in each square. In one he is jumping over a computer (like hurdles), and in the other two he is running or doing the actions for shot-put. The figure is white so that it can represent anybody of any colour. The ad may be directed to boys or men though, because the figure is male.

*"You" in your writing means you are talking directly to your reader. This is not good practice because by "including" them in the discussion, you are talking about them. Any generalizations or assumptions you make become about them personally. Leave "you" out, and make your writing and subject do the work instead. Let readers come to their own conclusions.*

*"Way easy" is slang. Can you word this to be more formal and direct?*

*Interesting point! Are you talking about web-banking? You might want to say that so you do not confuse your reader.*

*Be more specific about what you mean here by "full potential". More description is necessary.*







*These two sentences may be unnecessary, because you get right to the point with "thus, keeping your options open . . ."*

*When you use "we" or "our", you create a similar problem as using "you". Be careful to stick to the goal of your discussion: explain the theme of the advertisement and what contributes to forming that theme.*

*You tie your main idea to life well here, and your conclusion is very deliberate. Nice work here, Hailey!*

Another idea in the ad brings up how balance is important. The computer, TV and laptop might be showing the mental activity, and the man's physical actions are representing physical activity. In all 3 pictures, the man is throwing away, jumping over or side-stepping a piece of technology. These are all balancing sports which might mean we need to be careful about how much time **we** spend using technology, and that we need to spend some amount of time being active. The colours in the three action squares are all warm colours like red, orange and yellow that makes the pictures seem more dynamic. The blue square is calming and the statement "healthy mind lives in healthy body" is simple, which maybe means solutions for balance can be simple.

To reach our full potential as people, balance in our lives is important. We need to make healthy choices about it, and this is the main message of the "Exercise Your Options" advertisement. It is maybe just a poster trying to remind us that to have a good life, we must make good decisions about our physical and mental activity. **The idea of balance in life has to do with lots of other things too, like work, play, family and much more.** These are all things that affect our wellbeing.

Hailey's 4.5 Visual Response Assessment		
Value	Ideas and Support	Presentation
 <b>Excellent</b>	<input checked="" type="checkbox"/> Your <b>ideas</b> are <i>perceptive</i> . <input type="checkbox"/> You provide <i>varied, purposefully chosen support</i> .	<input checked="" type="checkbox"/> You use <i>frequently effective words and structures</i> , resulting in a <i>unique voice</i> . <input type="checkbox"/> Your presentation is <i>skillfully organized</i> (introduction, middle, conclusion). <input type="checkbox"/> Your work shows <i>impressive</i> evidence of <b>editing</b> and <b>revision</b> .
 <b>Proficient</b>	<input type="checkbox"/> Your <b>ideas</b> are <i>well-considered</i> . <input checked="" type="checkbox"/> You provide <i>significant support</i> .	<input type="checkbox"/> You use <i>effective words and structures</i> , resulting in a <i>confident voice</i> . <input checked="" type="checkbox"/> Your presentation is <i>effectively organized</i> (introduction, middle, conclusion). <input checked="" type="checkbox"/> Your work shows <i>substantial</i> evidence of <b>editing</b> and <b>revision</b> .
 <b>Satisfactory</b>	<input type="checkbox"/> Your <b>ideas</b> are <i>appropriate</i> . <input type="checkbox"/> You provide <i>adequate support</i> .	<input type="checkbox"/> You use <i>occasionally effective words and structures</i> , resulting in an <i>ordinary voice</i> . <input type="checkbox"/> Your presentation is <i>reasonably organized</i> (introduction, middle, conclusion). <input type="checkbox"/> Your work shows <i>appropriate</i> evidence of <b>editing</b> and <b>revision</b> .
 <b>Limited</b>	<input type="checkbox"/> Your <b>ideas</b> are <i>vague or undeveloped</i> . <input type="checkbox"/> You provide <i>insufficient or irrelevant support</i> .	<input type="checkbox"/> You use <i>limited or ineffective words and structures</i> , resulting in an <i>inconsistent voice</i> . <input type="checkbox"/> Your presentation <i>lacks organization</i> (introduction, middle, conclusion). <input type="checkbox"/> Your work shows <i>little or no</i> evidence of <b>editing</b> and <b>revision</b> .
 <b>Resubmission Needed</b>	Your attempt to respond is <i>insufficient</i> . <b>Contact your teacher</b> to discuss suggestions for improvement and resubmission of your work.	
<b>TOTAL:</b> 25.5/30 = 30%	13.5/15	12/15
 <b>Assessment</b>	<p><b>Areas of strength:</b> Hailey, your paragraph structure is quite effective for your introduction, discussion and conclusion. You have a good sense of where your topic sentence should be and do well with providing your supporting details and explanation for your ideas. It is clear to me that you understood well the theme of your chosen image.</p> <p><b>Might I suggest . . .</b> When you are writing about a specific topic, try to avoid making generalizations. A generalization is not always accurate and not always appropriate for your audience. Stick to being specific about one topic in which you are fully knowledgeable rather than make a generalization that may not be true.</p>	